Good-bye and Farewell...But Not Really!

December 2015 marks my last month as HDSA, MI Chapter President. I hope it is a good sign about their experience with me, but many people are reaching out to me concerned that they may see my involvement with HDSA decline. I am happy to report that it is not the case! HDSA now requires that new leadership roles be renewed with new individuals every two years and I have served as President including Vice President for the past five years. This is a great way to keep fresh eyes and ideas as well as continued and new visions throughout our growing chapter. The good news is that I am still on the board as the Fundraising Chair and will remain my engagement as the Royal Oak Support Group Leader, Fundraiser of my current (even adding more) events, HDSA Speaker at national universities, and more.

We need “new blood” for continual transformation of the board and developing new leaders. Our board continues to grow; take a look at the current roster:

- **President**: Donna Spencer
- **Vice President**: Kelly Kennelly
- **Treasurer**: Dave Stickles
- **Secretary**: Katrina Walker
- **Family Services**: Kelly Norris
- **Education**: Kelly Kennelly
- **Fundraising**: Krissi Putansu
- **Advocacy/Communications**: Chelsea Rink
- **Nomination**: Peggy Reddaway
- **Social Worker**: Janet Howes
- **NYA Representative**: Miranda Spencer
- **Research**: Dr. John Kamholz/Shawna Feely

This is a strong growing board! Donna Spencer has served on the board for over one year and was in the Treasurer role. She has a great business background as well as Huntington’s Disease in her family. I am fortunate that Donna is not only a viable competent candidate, but that she was interested as well due to the time commitment and enthusiasm involved. Kelly Kennelly was on our board for one year and as you may recall, returned last year as she is a Genetic Counselor with a passion for helping Huntington’s Disease patients, their families, and I welcome her as Vice President and know she will see successes. We have all spent time together over the holidays to transition into these new positions.

Dave is our longest-standing member and is now treasurer, a role he truly encompasses. I am excited to announce that Chelsea Rink (formerly Chelsea Boers) has returned to the board after a few years! Also, Katrina is a wonderful new addition in our open Secretary role. One of Donna’s initial ideas was to add a NYA or National Youth Alliance member to our board and Miranda is currently filling that role for us so she can share what is happening at a national level and take our information to other youth/national.

Thank you all for the support you have provided throughout my presidency; I have enjoyed working with all of you and I am excited for what 2016 holds as I know there is HOPE for the FUTURE! Would love to see all of you at Spotlight on a Cure Saturday March 12th at 7 pm at new locale (see page 4 for details)!!!

Hugs, Krissi Putansu, HDSA MI Chapter, (586) 822-1730 or krissilynn18@hotmail.com
HDSA Michigan Chapter Education Conference

Saturday, April 30, 2016 8:30 AM – 3:30 PM
East Lansing Hannah Community Center
819 Abbot Road, East Lansing, MI 48823

Registration is Free and Required, please register to help with planning – Early Bird Deadline is April 15th
After April 15th, and at the Door a $5 per person or $10 per family registration fee will be charged.

Topics are still being finalized but may include:
- Research & Clinical Trial Update
- Genetic Testing. Invitro (IVF) Procedure
- Nutrition and HD
- Advocacy and Getting Involved with HDSA,
- Social Security - A look inside how it works, Caregiving
- Youth Activities NYA & HDYO
- Medicaid Waivers and Nursing Home,
- Long Term Care and Health Care
- Medication,
- Physical Therapy Session for those with HD

Topics are subject to change. We will post agenda on the chapter web site as it gets close

The program will include a continental breakfast, lunch, snacks & beverages.

Additional donations will be gratefully accepted with checks made payable to “HDSA Michigan Chapter”.

For more information please contact Janet at jhowes@hdsa.org or 1-800-909-0073.

This event is mostly funded by the Huntington’s Disease Society of America (HDSA) through an unrestricted educational grant from Teva Pharmaceuticals Industries LTD

Yes I/We will attend The Michigan Chapter Education Conference

Register online at www.hdsa.org/mi Events Page
Or detach this form and mail to: HDSA Michigan Chapter – 2711 Parsons Court. Midland MI 48642-6916

Total Number Attending: _____ Registration Fee_____ Voluntary donation: $_____  □ $5/10 Fee enclosed after April 15th

Primary Contact Person’s Name: ____________________________________________________________  #_____Adult Track
Address: ________________________________________________________________________________  #_____Youth Track
City: __________________ State: ______ Zip: _______ Phone: ______________
Email Address: ________________________________________________________________

Names of additional participants: ______________________________________________________

______________________________________________________________________________

Dietary Restrictions: ____________________________________________________________________
No HD Circle of Friends Camp in 2016

For business reasons the Michigan Chapter will not be holding the HD Circle of Friends Camp in 2016. We can assist with finding respite care if needed, contact Janet Howes, MI Chapter Social Worker......Dave Stickles

We’re Going Green !!

To help cut cost and become more environmentally friendly we will no longer be mailing paper copies of the newsletter, so this will be the last one mailed. We will also be sending out shorter electronic newsletters either monthly or bimonthly so information on upcoming events will be more timely. Electronic copies can be found on our web site www.hdsa.org/mi. Please send an email to hdsami@att.net with your name and email address to have a notice sent to you when the new newsletter is available. If you sent us your email address in the last year or two you should be on the email list already and receiving notices that way. We will also post on other social media pages when new issues are available. Thank you!!

HDSA's Michigan Chapter National Youth Alliance (NYA)

New this year! HDSA Michigan Chapter’s NYA is looking to recruit members to get involved and help advocate for Huntington’s Disease! HDSA’s National Youth Alliance (NYA) helps youth to get involved with their local HDSA chapters to help with fundraising, advocacy and raising awareness for Huntington’s disease. The NYA is a collection of children, teens and young adults from across the country ranging from ages 9-29. Our mission is to be the last generation with Huntington’s Disease.

Michigan NYA’s hope is to raise more awareness for the NYA and for Huntington’s Disease by recruiting more youth who would like to become more active in the Michigan HDSA/NYA Chapter. We also hope that by recruiting more members for MI NYA, we will be able to offer more support to local NYA members by being more involved in group outings that will keep us all together. If you would like to become a member of the NYA sign up at http://nya.hdsa.org/. If you would like to meet more members in the state of Michigan and become more active please contact us at michiganNYA@yahoo.com and let us know if you would like to join our new PRIVATE Facebook group: HDSA’s Michigan NYA............ Miranda Spencer

***** Announcing the 31st Annual HDSA Convention at the magnificent Hyatt Regency Baltimore, Baltimore Maryland, June 2-4, 2016. Register online at www.hdsa.org. Scholarship applications are open for first time attendees at www.hdsa.org and must be postmarked by Friday April 1, 2016. National Youth Alliance Scholarships are also available at www.hdsa.org for active members of NYA *****
Upcoming Fundraising Events

7th Annual Spotlight on a Cure, a Night of Entertainment

Date: Saturday, March 12, 2016
Time: 7:00 PM, Strolling Dinner, Cash Bar,
New Location: Enchantment Hall, 46915 Hayes Road, Shelby Twp. MI
Register or donate online: hdsa.donordrive.com/event/spolightmi
Tickets: $30 in Advanced, $40 at the Door, $225 for a Table of 8
Strolling Dinner, Cash Bar, Featuring Simply the Best Performers.
Contact: Krissi Lynn, krissilynn18@hotmail.com, Phone 586-822-1730

Hunting for a Cure, A Michigan Beer and Wine Tasting

Date: Saturday, April 30, 2016
Time: Watch the web site for details
Location: Western Golf and Country Club, Redford MI
Register or donate online: www.hdsa.org/MI
Contact: Donna Spencer, donna_spencer@me.com,

Detroit/Taylor Michigan Team Hope Walk

Date: Saturday, May 14, 2016
Time: Registration begins at 8:00 am, Walk begins at 10 am
Location: Heritage Park, 12111 Pardee Road, Taylor, MI 48180
Register or donate online: www.hdsa.org/thwdetroit
Contact: Katrina Walker, kat86@me.com, 734-778-3960,

Niles Michigan Team Hope Walk

Date: Saturday, May 14, 2016
Time: Registration begins at 9:00 am, Walk begins at 10 am, Walk Rain or Shine
Location: Riverfront Park Amphitheater, Front Street, Niles, MI 49120
Register or donate online: www.hdsa.org/thwniles
Contact: Kristine Cooney, email: Kristine.kmc@gmail.com

West Michigan Team Hope Walk & 5K Run

Date: Saturday, May 21, 2016
Time: Registration begins at 9:00 am, Walk begins at 10 am
Location: KollenPark, 240 Kollen Park Drive, Holland, MI 49423
Register or donate online: www.hdsa.org/thwwestmichigan
Contact: Chelsea Rink, email: crink914@gmail.com, 269-370-3997

HD Painting Pub Fundraiser

Date: Saturday, July 19, 2016
Information will be posted on our web site as it becomes available
“Bridges of Hope”     HDSA Michigan Chapter

Upcoming Fundraising Events

Traverse City Team Hope Walk

Date:  Saturday, August 13, 2016
Time:  Registration begins at 8:00 am, Walk begins at 10 am
Location:  Sunset Park, 651 E. Front Street, Traverse City, MI 49686
Register or donate online:  www.hdsa.org/thwtraversecity
Contact:  Jen, email: jenniferannelewis@hotmail.com, 517-879-7259

Adrian Team Hope Walk

Date:  Saturday, August 20, 2016
Time:  Registration begins at 10:00 am, Walk begins at 11 am
Location:  Trestle Park, 302 Hunt Street, Adrian MI 49221
Register or donate online:  www.hdsa.org/thwadrian
Contact:  Pam, email: activities.ad.mi@magnum-mgt.com, 517-265-6554

Lansing Team Hope Walk

Date:  Saturday, September 10, 2016
Time:  Registration begins at 10:30 am, Walk begins at 11:30 AM ends at 12:30 PM
Location:  Sharp Park, 1399 Elmwood Rd., Lansing, MI 48917
Register or donate online:  www.hdsa.org/thwlansing
Contact:  Dawn, email: dawnp3rry@gmail.com, phone: 517-202–8558

22nd Annual Royal Oak Team Hope Walk

Date:  Sunday, September 18, 2016
Time:  Registration 11:00 AM, Begins at 11:30 am, to 1 PM
Location:  Center Line Memorial Park, 25355 Lawrence, Center Line, MI, 48015
Register or donate online:  www.hdsa.org/thwroyaloak
Contact:  Krissi Lynn, email: krissilynn18@hotmail.com, Phone 586-822-1730

Family Picnic:  Bring a dish to pass and your own beverages as we will have a picnic after the walk. Hamburgers and hotdogs will be provided. It is a great place to spend time with family or meet new people. If you have any questions or would like to honor a loved one at the walk, please contact Michigan Chapter office

In Loving Memory

*** Louise Bolt  *** Nancy A. Dehnke  ***
*** Thomas Joseph Flynn  *** Alvin Larsen  ***
*** Mark Mikula  *** David Eugene Renaud  ***
*** Christina Nowakowski Wallace  ***
It’s true...fundraising is not always easy.

“We’re all busy”...“time is hard to find”...“money is tight”...“I’m not very organized”...“I don’t like talking to strangers”...“My family and friends get tired of me asking for help”...

These are all the things we think when we hear the word fundraising. Dispel those myths! Here are some easy ways to help raise the funds that so dearly help HD families, research, and education!

- Donate a portion of your profits from your small business!
- Donate money from a garage sale
- Collect pop cans from your neighborhood for a month! (and save those pop tabs too!)
- Have a car wash! Or a Dog wash! Just need a hose, some soap and a sign! And kids can help too!

Remember, you don’t always have to think BIG!
Every little bit counts!

Donations can be made securely online by going to www.hdsa.org/mi

Please help to serve all Huntington’s disease families better by sending your most generous contribution possible at this time.

YOU MAKE THE DIFFERENCE!

ENCLOSURE: Check or money order made payable to HDSA Michigan Chapter

____ $15 Individual
____ $25 Family
____ $___ Additional gift amount to help in the fight against HD

Donations can be made securely online by going to : www.hdsa.org/mi
## HDSA Michigan Support Group Meetings

<table>
<thead>
<tr>
<th>AREA</th>
<th>WHEN</th>
<th>WHERE</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Greater Genesee County Area</strong></td>
<td>1st Monday 7:00 pm (2nd Monday in September due to Labor Day)</td>
<td>Woodhaven Senior Community G-5201 Woodhaven Ct Flint MI 48532</td>
<td>Jean or Barb 810-659-4548</td>
</tr>
<tr>
<td><strong>Kalamazoo</strong></td>
<td>Monthly Meetings Through May, Nights Varies, 6:00 pm (Check with Coordinator for Days) March 15th, April 21st, 2016</td>
<td>First Congregational Church (New Address) 345 West Michigan Ave Kalamazoo MI 49007</td>
<td>Sara 269-381-7725</td>
</tr>
<tr>
<td><strong>Lansing (New Location)</strong></td>
<td>Varies so please Check the web site for dates 7:00—8:45 PM</td>
<td>Beacon Counseling 2840 E. Grand River Ave. Suite 5 East Lansing MI 48823</td>
<td>800-909-0073 Facilitated by Janet Howes</td>
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<tr>
<td><strong>Living Positive Support Group Grand Rapids -Ada</strong></td>
<td>2nd Thursday 6:30-8:30 PM Day does vary some (For Gene Positive and at Risk Individuals)</td>
<td>Psychotherapy and Consultation Offices 967 Spaulding SE, Suite E Ada MI 49301</td>
<td>Kathy Delp at 616-581-3085 <a href="mailto:Kath6613@aol.com">Kath6613@aol.com</a></td>
</tr>
<tr>
<td><strong>Macomb County Caregivers Group</strong></td>
<td>2nd Tuesday 7:30 pm</td>
<td>4571 Reflections Drive Sterling Heights</td>
<td>Deanna (Dee) 586-997-3089</td>
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<tr>
<td><strong>Mt. Pleasant</strong></td>
<td>2nd Tuesday 7:00 pm No Meetings July, August</td>
<td>Coldwell Bankers, 304 East Broadway, Mt. Pleasant MI 48858</td>
<td>Galen 989-245-5725 Dave 989-496-3273</td>
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<tr>
<td><strong>Tri-Cities Area Location will change</strong></td>
<td>1st Thursday (may change depending on Attendance) 7:00 pm No March, July or August Meetings</td>
<td>Saginaw Township Fire Dept. Station No. 3 153 N. Center Rd Saginaw MI</td>
<td>Ruth 989-835-9933 Dave 989-496-3273</td>
</tr>
<tr>
<td><strong>Traverse City</strong></td>
<td>Last Saturday of the Month 10AM—Noon Feb 27, March 26 2016 Facilitated by: Kathy Martin MA, LPC, CAC-R</td>
<td>Traverse Area District Library 610 Woodmere Ave, Thirlby Room Traverse City, MI 49686</td>
<td>Office 1-800-909-0073 Please call the office if you plan on attending for information.</td>
</tr>
</tbody>
</table>

The Michigan Chapter's Patient and Family Services Committee presents The Caregiver's Corner.

WHO CARES ??? WE DO !!! THEY DO !!! READ ON !!!

Friends, we will post caregiver's stories that will show you that "THEY DO CARE".

Please call us, e-mail us, fax us, or write us with your stories so we can post them on the website. 800-909-0073, hdsami@att.net, fax 517-827-4950. HDSA Michigan Chapter, 2711 Parsons Ct. Midland, MI 48642-6916
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Midland, MI 48642-6916

CHAPTER HELPLINE:
(800) 909-0073

CHAPTER OFFICE:
(989) 832-4170

FAX: (517) 827-4950

WEB: www.hdsa.org Click on MI
Chapter or go directly to our
Chapter Web Site by going to:
www.hdsa.org/mi

This newsletter is an official
publication of the Michigan
Chapter of the Huntington’s
Disease Society of America,
2711 Parsons Ct, Midland, MI
48642-6916.

This newsletter attempts to
report all items of interest relat-
ing to individuals with Hunting-
ton’s Disease, their families,
health care professionals and
interested friends and support-
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Please check all drug treat-
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